

# MORNING START

Coffee, Tea, Milk	4	Green Drink Smoothie	9
Cappuccino, Espresso, Latte	6	celery, kale, cucumber, green apple lemon	
Evian still or Badoit sparkling Water	6	Strawberry Mango Smoothie	9
Juice Orange/Grapefruit	5	Blueberry Banana Smoothie	9
Juice Apple/Cranberry/Tomato	4	Add protein power	2

# **EGGS AND THINGS...**

# LE PARC SUITES - 18

two eggs, country potato, bacon or sausage coffee, juice

# CONTINENTIAL - 14

juice, choice of pastry, toast or muffin coffee, juice

# CALIFORNIA BREAKFAST - 17

poached eggs, chicken apple sausage avocado, fresh fruit

# PROTEIN BURRITO - 18

egg whites, spinach, tomato, feta, chicken apple sausage, whole wheat tortilla

# EGG BENEDICT – 18

poached eggs, english muffin, prosciutto di parma ham, pesto hollandaise

### **HUEVOS RANCHEROS - 16**

corn tortilla, fried eggs, avocado, jack cheese, salsa

#### STEAK AND EGGS - 25

two eggs, country potatoes, steak, toast

#### NEW YORKER - 18

Smoked salmon, bagel, cream cheese, onion, tomato, capers

#### **BREAKFAST SANDWICH - 15**

bacon or ham, eggs, tomato chutney cheddar, croissant or bagel

# FARM OMELET - 17

three eggs or egg whites choice of three

onion, peppers, mushrooms, ham, cheese or spinach

TWO EGGS – 10 country potatoes, toast

SMOKED SALMON AND EGGS - 18

sautéed onions

# **G**RIDDLE

BELGIAN WAFFLES – 13 strawberries, whip cream

BUTTERMILK PANCAKES – 12 add blueberries – 2 FRENCH TOAST - 13

# LIGHTER SIDE

GRANOLA AND YOGURT PARFAIT – 11 greek yogurt, granola

CEREAL – 6 corn flakes, raisin bran

MUESLIX WITH FRESH BERRIES – 8

STEEL CUT OATMEAL - 8

### LOS ANGELES LIGHT – 14

juice or melon, bran muffin or wheat toast, granola, skim milk, coffee or tea

FRUIT PLATTER – 14 yogurt or cottage cheese

# SIDES

Toast	4	Yogurt or Cottage cheese	6
white, wheat, rye, sourdough		Apple Bacon, Chicken Apple Sausage	7
Breakfast Breads	4	Fruit sliced melon or seasonal berries	8
bagel, croissant, danish, muffin, english muffin		Trail one a more of coaconal control	·